**Table 1. Distribution of self-reported health across variables, Gävleborg, Health in Equal Terms survey, 2010 (N=4245)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Variable** | |  | | | | |
|  | **Poor SRH** | | | **Good SRH** | | |
|  | | **N** | **Percent** | | **N** | **Percent** |
| **Employment status**  Employed | | 498 | 21.6 | | 1812 | 78.4 |
| Not employed | | 575 | 42.0 | | 793 | 58.0 |
| **Sex**  Male | | 504 | 26.7 | | 1383 | 73.3 |
| Female | | 690 | 30.2 | | 1592 | 69.8 |
| **Age**  16-25 | | 103 | 18.3 | | 461 | 81.7 |
| 26-35 | | 108 | 22.4 | | 375 | 77.6 |
| 36-45 | | 195 | 24.3 | | 607 | 75.7 |
| 46-55 | | 310 | 30.6 | | 702 | 69.4 |
| 56-65 | | 478 | 36.5 | | 830 | 63.5 |
| **Marital status**  Married | | 492 | 27.7 | | 1284 | 72.3 |
| Single | | 670 | 28.7 | | 1662 | 71.3 |
| Widow/widowed | | 32 | 52.5 | | 29 | 47.5 |
| **Educational level**  Primary school or similar | | 282 | 32.9 | | 574 | 67.1 |
| Secondary school or similar | | 693 | 30.5 | | 1582 | 69.5 |
| University/similar | | 213 | 21.5 | | 777 | 78.5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Variable** | |  | | | | |
|  | **Poor SRH** | | | **Good SRH** | | |
|  | | **N** | **Percent** | | **N** | **Percent** |
| **Total income**  Low <250 thd sek | | 290 | 32.5 | | 601 | 67.5 |
| Medium 250-750 thd sek | | 638 | 31.9 | | 1362 | 68.1 |
| High >750 thd sek | | 261 | 20.7 | | 1000 | 79.3 |
| **Social support**  Yes | | 949 | 26.0 | | 2703 | 74.0 |
| No | | 226 | 49.6 | | 230 | 50.4 |
| **Smoking habits**  Yes | | 241 | 34.4 | | 459 | 65.6 |
| No | | 855 | 27.7 | | 2231 | 72.3 |
| **Risk consumption of alcohol** | |  |  | |  |  |
| Yes | | 224 | 31.2 | | 495 | 68.8 |
| No | | 959 | 28.1 | | 2453 | 71.9 |
| **Level of physical activity**  Low physical activity | | 279 | 50.6 | | 272 | 49.4 |
| Moderate physical activity | | 793 | 28.3 | | 2006 | 71.7 |
| Vigorous physical activity | | 103 | 13.3 | | 673 | 86.7 |
| **Long term illnesses** | |  |  | |  |  |
| Yes | | 838 | 53.9 | | 717 | 46.1 |
| No | | 350 | 13.5 | | 2241 | 86.5 |

**Table 2. Odds Ratios (OR) and 95% Confidence Intervals (CI) of the relationship between employment status and poor self-reported health, Gävleborg Health in Equal Terms Survey , Gävleborg County 2010**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Variable** | | **Model I**  **OR with 95% CI** | | **Model II**  **OR with 95% CI** | | |
| **Employment status** | |  | |  | | |
| Employed | | Reference | | Reference | | |
| Not employed | | 2.64 (2.28-3.05) | | 2.10 (1.69-2.60) | | |
| **Sex** | |  | |  | | |
| Male | |  | | Reference | | |
| Female | |  | | 1.17 (0.96-1.42) | | |
| **Age group** | |  | |  | | |
| 16-25 | |  | | Reference | | |
| 26-35 | |  | | 1.77 (1.15-2.71) | | |
| 36-45 | |  | | 2.50 (1.64-3.82) | | |
| 46-55 | |  | | 3.25 (2.15-4.92) | | |
| 56-65 | |  | | 3.00 (2.01-4.49) | | |
| **Marital status** | |  | |  | | |
| Married | |  | | Reference | | |
| Single | |  | | 1.03 (0.84-1.26) | | |
| Widow/Widowed | |  | | 2.05 (1.06-3.98) | | |
| **Educational level** | |  | |  | | |
| Primary school or similar | |  | | 1.31 (0.96-1.79) | | |
| Secondary school or similar | |  | | 1.36 (1.08-1.72) | | |
| University/similar | |  | | Reference | | |
| **Total income** | |  | |  | | |
| Low income < 250 Thd Sek | |  | | 1.89 (1.32-2.70) | | |
| Medium income 250 – 750 Thd Sek | |  | | 1.32 (1.05-1.66) | | |
| High income > 750 Thd Sek | |  | | | Reference | | |
| **Variable** | **OR with 95% CI** | | **OR with 95% CI** | | |
| **Social support** |  | |  | | |
| Yes |  | | Reference | | |
| No |  | | 2.22 (1.70-2.91) | | |
| **Smoking habits** |  | |  | | |
| Yes |  | | 1.01 (0.80-1.27) | | |
| No |  | | Reference | | |
| **Risk consumption of alcohol** |  | |  | | |
| Yes |  | | 1.54 (1.22-1.95) | | |
| No |  | | Reference | | |
| **Physical activity** |  | |  | | |
| Low physical activity |  | | 5.98 (4.25-8.42) | | |
| Moderate physical activity |  | | 2.19 (1.67-2.89) | | |
| Vigorous physical activity |  | | Reference | | |
| **Long standing illnesses** |  | |  | | |
| Yes |  | | 6.12 (5.08-7.36) | | |
| No |  | | Reference | | |